



Alexander Hosea Primary School

'Roots to grow, wings to fly'

Allergy Management Policy – July 2026

1. Policy Statement

The school is committed to providing a safe, inclusive and supportive environment for all pupils, including those with food allergies and other allergies. We recognise that allergies can be life-threatening and that effective management is essential to minimise risk while allowing pupils to participate fully in school life.

This policy has been developed in line with:

- The Children and Families Act 2014
- Supporting Pupils with Medical Conditions at School (DfE)
- The Human Medicines (Amendment) Regulations 2017
- Benedict's Law principles relating to allergy awareness and emergency preparedness
- Guidance from Anaphylaxis UK

2. Aims

The school aims to:

- Protect pupils with allergies from avoidable exposure to allergens.
- Ensure staff understand how to recognise and respond to allergic reactions, including anaphylaxis.
- Promote an allergy-aware environment.
- Work closely with parents, healthcare professionals and catering providers.
- Ensure emergency medication is readily available.

3. Individual Healthcare Plans

All pupils diagnosed with an allergy requiring ongoing management will have an Individual Healthcare Plan (IHP).

The school uses Medical Tracker to:

- Record medical information.
- Store Individual Healthcare Plans.

- Record medication held in school.
- Log administration of medication.
- Record incidents and communication with parents.

Healthcare plans are reviewed:

- At least annually.
- Following any allergic reaction.
- Whenever medical advice changes.

Parents are responsible for informing the school immediately of any changes to their child's allergy management.

4. Medication

Parents are responsible for providing in-date prescribed medication where required.

Medication is stored in accordance with each child's Healthcare Plan and is easily accessible in an emergency.

In addition, the school holds spare adrenaline auto-injectors (EpiPens) for emergency use. These are stored securely in the School Business Manager's Office and may be used in accordance with national guidance where appropriate.

The school also has a defibrillator, located in the Main School Office, which is available for emergency use.

Medication expiry dates are monitored through Medical Tracker and regular checks are undertaken to ensure emergency medication remains in date.

5. Staff Training

All staff receive allergy awareness and anaphylaxis training through National College.

Training includes:

- Understanding allergies.
- Recognising allergic reactions.
- Recognising anaphylaxis.
- Administration of adrenaline auto-injectors.
- Emergency procedures.
- Calling emergency services.

Training is refreshed regularly and forms part of induction for new staff.

The school is proud to be Allergy Aware through Anaphylaxis UK, demonstrating our commitment to maintaining high standards of allergy management.

6. Preventing Exposure to Allergens

While it is impossible to eliminate all allergens completely, the school takes reasonable steps to reduce risk by:

- Promoting good hand washing before and after eating.
- Cleaning eating areas thoroughly.
- Encouraging pupils not to share food.
- Making staff aware of pupils with allergies.
- Considering allergy risks during curriculum activities.
- Risk assessing school trips and educational visits.
- Ensuring emergency medication accompanies pupils on visits.

The school does not guarantee an allergen-free environment but works to minimise risk wherever reasonably practicable.

7. Catering Arrangements

School meals are provided by Edwards & Ward, who operate under their own comprehensive Allergy Policy.

Parents of children with food allergies are required to:

- Complete the Edwards & Ward online allergy registration process.
- Provide up-to-date medical information.
- Notify both the school and catering provider of any changes.

Following registration, families will receive an individual allergen menu appropriate to their child's dietary requirements.

The school works closely with Edwards & Ward to support pupils with allergies while recognising that responsibility for meal production and allergen management rests with the catering provider.

8. Emergency Procedures

If a pupil is suspected of experiencing anaphylaxis:

1. Administer the prescribed adrenaline auto-injector immediately.
2. If required, administer the school's spare adrenaline auto-injector in accordance with national guidance.
3. Call 999 immediately and state:
 - "Child suffering from anaphylaxis."
4. Contact parents/carers.
5. Monitor the pupil continuously until the ambulance arrives.
6. A second adrenaline auto-injector may be administered if symptoms persist or worsen after five minutes and medical advice supports this.

The pupil should always be taken to hospital following administration of adrenaline, even if symptoms appear to improve.

9. Educational Visits

Prior to any educational visit:

- Risk assessments will consider allergy risks.
- Healthcare Plans will be reviewed.
- Required medication will accompany the pupil.
- Staff accompanying the visit will know emergency procedures.

10. School Events

When organising celebrations, fundraising events or food-related activities, staff will:

- Consider known allergies.
- Liaise with parents where appropriate.
- Ensure suitable alternatives are available where reasonably practicable.
- Avoid unnecessary exposure to known allergens.

11. Responsibilities

Headteacher

- Ensure this policy is implemented.
- Ensure staff receive appropriate training.

- Ensure suitable emergency procedures are in place.

Administrators

- Maintain the school's spare adrenaline auto-injectors.
- Ensure storage arrangements remain compliant.
- Monitor stock and expiry dates.

School Staff

- Read Healthcare Plans.
- Attend training.
- Recognise allergic reactions.
- Follow emergency procedures.
- Record incidents on Medical Tracker.

Parents/Carers

- Inform the school of allergies.
- Provide prescribed medication.
- Keep medication in date.
- Update the school regarding changes.
- Complete Edwards & Ward allergy documentation where applicable.

Pupils

Where appropriate to their age and understanding, pupils will be encouraged to:

- Tell an adult if they feel unwell.
- Avoid sharing food.
- Understand their own allergy management.

12. Monitoring and Review

This policy will be reviewed annually or sooner if:

- National guidance changes.
- Benedict's Law requirements are updated.
- Following a significant allergy incident.
- Following recommendations from healthcare professionals or governing bodies.

The school remains committed to continual improvement in allergy management and maintaining a safe learning environment for all pupils.

Equalities Impact Assessment (EIA)

This policy has been screened to ensure that we give 'due consideration' to equality of opportunity and has been agreed and formally approved by the appropriate reviewing and ratification Committee.

Author	Tara Price	Date reviewed	
Position	School business manager	Date ratified	1 October 2026
Document status	Approved	Next review date	1 October 2027
EIA approved by	1 October 2026	Reviewing committee	FGB

EIA = due consideration of potential adverse impacts on the following groups: age; disability; gender and gender reassignment; marriage and civil partnership; pregnancy and maternity; race; religion or belief; gender identity; sexual orientation.