

## **SSE Outdoor Centre Programme**

**Group Name:** Alexander Hosea

Dates: 04-Apr-22 to 06-Apr-22

**Group Size:** 30 Students & 3 Staff

- 1. On arrival there will be a welcome talk, time to unpack and then lunch
- 2. All non provider led periods are to be suitably managed by the visiting school staff

- Room inspections are usually carried out by school staff during the trip
  Rooms to be vacated by 8.30am on day of departure, Luggage to be stored in nominated room.
  A duty person can be contacted outside of office hours and overnight by mobile phone on 07790577107

Where possible we will keep your activities in this order however there may be times that we have to alter the programme but you will still do the same activities. The instructors will advise you of any changes on the day if necessary.

## PLEASE NOTE: EVENING ACTIVITIES MAY BE WITH OTHER SCHOOLS

	Monday				Tuesday				Wednesday			
		Session 1	Session 2	Evening	Session 1	Session 2	Session 3	Session 4	Evening	Session 1	Session 2	DEPART
Group A		CW	LRC							KAYAK	KAYAK	
Group B	ARRIVE 12PM	LRC	CW	WG	TEAM	TEAM	BEACH	BEACH	Z ¥	NATAN	NATAN	DEPART 1:30pm
Group C		KAYAK	KAYAK							CW	LRC	

Initials	Activity				
А	Archery				
AT	Abseil Tower				
BEACH	Beach Walk Study				
BB	Buggy Building				
BUSH	Bushcraft				
CAMPFIRE	Campfire				
CC	Compass Course				
CW	Climbing Wall				
DISCO	Disco				
E.Art	Environmental Art				
EQH	East Quantoxhead Walk				

Initials	Activity
FT	Fantasy Trail
GS	Grass Sledging
HRC	High Ropes
JUMBLIES	Map Activities
KAYAK	Kayaking
LRC	Low Ropes
Maze	Maze
MB	Mountain Biking
NW	Night Walk
POND	Pond/ Stream Study

Initials	Activity
QW	Quantock Walk
RAFT	Raft Building
RS	Rifle Shooting
SAIL	Sailing (offsite)
SB	Shelterbuilding
STR	Stream Walk
SUP	Stand up Paddle Board
TEAM	Team Building
WG	Widegames
FG	Frisbee Golf