

## Newsletter 10, 23rd January 2026

For school calendar: <http://www.alexanderhoseaprimary.co.uk/calendar/?calid=1&pid=3&viewid=1>

Dear Parents/Carers

### School Based Nursery – update

The application for the pre-school has been submitted and we are awaiting the outcome. When we know whether this will go ahead, we will let families know and we will set up an area on the school website with further information.

### Young Voices

Our choir had an amazing experience at Young Voices concert in Birmingham. They represented the school really well and sang their hearts out with thousands of other children. Thank you to Miss Edgar and Mrs McAleese for running the choir and the staff and parents who attended.

### District Cross Country

Our children are doing remarkably well at the District Cross Country events. Last Saturday morning, our children achieved 1<sup>st</sup> in junior girls and 2<sup>nd</sup> and 3<sup>rd</sup> in junior boys' races. Despite the winter conditions and mud several children achieved personal bests. Congratulations to all the children who took part. They show great resilience and team spirit in supporting each other. We have one more race to go in February, then the awards ceremony. Thank you to Miss Williams, Mrs Brooks, Miss Clark and Mrs Williams for supporting the team at the events.

### Swimming gala

We were proud of our swimming team's resilience at the South Glos schools' swimming gala last Saturday night. They all tried their very best and encouraged each other. Thank you to Miss Edgar and Mr Feaster for supporting the children at the event.

Best regards, Mrs Deb Williams

### Dates for your diary

#### Week 4

28<sup>th</sup> Jan – Y3 Djembe drumming

30<sup>th</sup> Jan – Y4 Ukelele

#### Week 5

2<sup>nd</sup> Feb – football match against Barrs Court

4<sup>th</sup> Feb – Y3/4 parents Maths workshop

4<sup>th</sup> Feb – Y5/6 Dodgeball

4<sup>th</sup> Feb - Y3 Djembe drumming

5<sup>th</sup> – Topaz journal share

5<sup>th</sup> – Year 5/6 football

6<sup>th</sup> Feb – Internet safety workshops KS2

6<sup>th</sup> Feb - Y4 ukulele

(Saturday) 7<sup>th</sup> Feb – District cross country

#### Week 6

9<sup>th</sup> Feb – Y5 Kilve Court meeting

### Whole School Trip – Bristol Zoo Project

We have been very lucky and received an anonymous donation to pay for a whole school day trip to Bristol Zoo Project <https://www.bristolzoo.org.uk/> on Friday 26<sup>th</sup> June. The only cost to parents is £7.60 to cover the coach transport – this is available to pay on ScoPay by the end of May.



## This term's Value



## Special menus

12<sup>th</sup> Feb – Valentine's Day  
13<sup>th</sup> Feb – Pancake Day  
5<sup>th</sup> March – World Book Day  
25<sup>th</sup> March – Year 2 / Jet class parent lunch  
17<sup>th</sup> July – Year 6 / Amethyst class parent leavers lunch

## 5 things to do to help manage winter illness

*[from UK Health Security Agency Gov.uk]*

### **1. Staying home when unwell**

Know when your child should stay at home from school if they are poorly can help slow the spread of many winter illnesses.

- If your child is unwell and has a fever, they should stay home from school until they feel better, and the fever has resolved.
- If your child has diarrhoea and/or vomits, they should stay off school for at least 48 hours after their symptoms clear up.

Children with a runny nose, sore throat, or slight cough who are otherwise well and do not have a high temperature can continue to attend school.

### **2. Hand hygiene**

Hand-washing is one the most effective ways to stop germs from spreading. Regularly washing hands in soap and warm water or using hand sanitiser when out and about can help you and your child to stay well and not pass on germs.

### **3. Catching coughs and sneezes**

Using a tissue to catch coughs and sneezes and then binning it before washing your hands with soap and water or hand sanitiser can help to stop infection from spreading. Teaching children this habit and providing them with tissues will help them to not pass on germs when they are unwell. [E-bug resources for Early Years](#) can help you to explain to your child what good hygiene habits are, how they can practise them and why they are important.

### **4. Get vaccinated**

Flu vaccination is still available for all eligible age groups and is the best protection against the virus. Flu can be very unpleasant and, in some cases, can lead to more serious illness.

Getting your child vaccinated protects them and others they come into contact with. Children are offered the quick and painless nasal spray vaccine.

Children eligible include:

- Children aged 2 or 3 years on 31 August 2025
- All school-aged children (Reception to year 11)
- Children with certain medical conditions, including babies over 6 months of age

You can find more information on getting your child [vaccinated against flu, here](#).

### **5. Use NHS resources for more information about winter illnesses**

Most winter illnesses can be managed at home and [NHS UK](#) has lots of information available to parents:

[Information about flu symptoms and treating them at home](#)

[Information about COVID-19 in children](#)

[Information about scarlet fever symptoms and managing the illness](#)

[Information about fevers in children and how to manage them](#)

[Information on avoiding and managing the vomiting bug, norovirus](#)

## Medical Tracker

As a school we try to keep parents regularly informed about first-aid incidents and medication administration at school. Sending paper notifications home in book bags can sometimes mean that notifications can go astray along the way.

We are also increasingly aware of the substantial cost, time and environmental impact associated with the amount of paper and photocopying involved with this.

To help make improvements in these areas, we have decided to use a service called Medical Tracker. Medical Tracker not only allows us to inform parents/carers of first aid incidents and medication administration by email, but it also allows us to analyse the data we record.

Medical Tracker will be beneficial to you because:

- We can record and track first-aid incidents that involve your child.
- We can record and track medication administration that involves your child.
- You can be notified immediately after a first-aid incident by email.
- You can be notified immediately after medication has been administered by email.

Please be assured that Medical Tracker is registered with the Data Protection Registrar and guarantees that all information you provide will be kept private and will not be passed on to any other organisation.

**Important** – When we start using Medical Tracker, email messages will be sent from **donotreply@medicaltracker.co.uk**. Please add this address to your email address books (or approved sender list) to prevent messages from being blocked by your SPAM/JUNK filters.

**We are hoping to begin using Medical Tracker from Monday 26<sup>th</sup> January 2026.**

If you have any questions, please contact Mrs Price [taralou.price@sgmail.org.uk](mailto:taralou.price@sgmail.org.uk)

## Medication in school

If your child requires medication during the day (including inhalers, Calpol or lip treatments) they **must** be registered at the main office and kept safely with the correct forms being completed. No medicine should be kept in a child's bag.

## Nut-free

Polite reminder – due to some children having severe nut allergies, please make sure that no items containing nuts (including spreads like Nutella\*, peanut butter) are brought into school. Contact with nut items for these children causes anaphylaxis, which has the potential to be life-threatening.

\*Some supermarket own brand chocolate spreads contain nuts, even though it might not be mentioned in the title.

Children are reminded to never share food with other children as they may have another allergen, or not be allowed to have a specific ingredient.



## **Friends of Alexander Hosea**

### **Events we are hoping to organise – please contact a committee member if you can help**

- Colour run
- Grow a £
- Summer fair
- Ice cream sales
- Family disco
- Family quiz

### **Upcoming events**

Rags2Ritches – 5<sup>th</sup> February 2026

Wear red or hearts for Friendship Day – 13<sup>th</sup> February 2026 – minimum suggested donation £1 available on ScoPay

Friendship day Cake Sale – 13<sup>th</sup> February 2026 – please bring donations to sell

Easter Disco – 17<sup>th</sup> March 2026 KS1 4.15pm-5pm KS2 5.15pm-6.15pm, further information to follow

### **A reminder of who the Friends are:**

Co-Chairs: Alice (year 1 & year 4 parent) & Shelley (year 2 & year 4 parent)

Treasurer: Gemma (year 2 parent)

Co-Secretary: Tara (year 2 & year 4 parent – School's SBM) & Becci (year 2 & year 4 parent)

### **Parent liaison for Friends**

Topaz – Kelly (Theo's mum)

Ruby – Becky (Esme's mum)

Jet – Becci S (Alfred's mum)

Crystal – Annette (Mia's mum)

Diamond – Becci S (Hugo D's mum)

Pearl – Sarah (Rocco's mum) Amee (Neeva's mum)

Amethyst – Gemma (Max's mum)