We use Red Tractor or Farm Assured Meat in our schools. We use MSC Certified fish to encourage sustainable fishing practices.

Our seasonal fresh vegetables are sourced from local farms wherever possible and we use Fairtrade products.







All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal infant FREE school meals and can benefit by £458 per child per year. if your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.

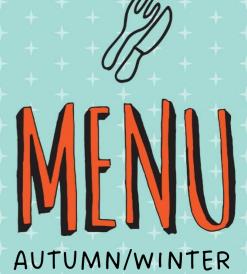


SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



Red

2023-24





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Scoop of Vanilla Ice Cream (V)

Mild & Sweet Chicken Curry with Rice (Wg) or Margherita Pizza with Jacket Wedges (V) Choice of Filled Jackets or Tomato Pasta Sweetcorn & Peppers, Cauliflower Apple Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy or Chickpea & Veggie Puff with Roasties (Ve) Choice of Filled Jackets or Tomato Pasta

> Broccoli, Sliced Carrot Strawberry Jelly & Peaches (Ve)

Tuna & Pea Pesto Pasta (Wg) or Penne with Tomato Super Sauce (Ve) Choice of Filled Jackets or Tomato Pasta Green Beans, Swede

Chocolate Mousse with Pears (V)

Fish Fingers or Salmon Fish Fingers with Chips or Falafel Wrap with Mint Yoghurt & Chips (V) Choice of Filled Jackets or Tomato Pasta

> Baked Beans, Garden Peas Flapjack (Ve)

4/9/23, 25/9/23, 16/10/23, 6/11/23, 27/11/23, 18/12/23, 8/1/24, 29/1/24, 19/2/24, 11/3/24

Vegetable Lasagne (V) or Choice of Filled Jackets or Tomato Pasta

Rainbow Veg

Scoop of Vanilla Ice Cream (V)

Chicken Paella (Wg) or Margherita Pizza with Jacket Wedges (V) Choice of Filled Jackets or Tomato Pasta Sweetcorn, Green Beans

Apple & Pear Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy or Homemade Veggie & Stuffing Roll with Roasties & Gravy (Ve)

Choice of Filled Jackets or Tomato Pasta Cauliflower, Carrot Batons Orange Jelly & Mandarins (Ve)

Penne with Chicken Meatballs in Classic Tomato Sauce (Wg)

or Penne with Classic Tomato Sauce (Ve)(Wg) Choice of Filled Jackets or Tomato Pasta Cabbage, Garden Peas Banana Custard (V)

Fish Fingers or Salmon Fish Fingers with Chips or Vegeball Marinara Sub with Chips (V) Choice of Filled Jackets or Tomato Pasta Baked Beans, Garden Peas Chocolate Shortbread (Ve)

11/9/23, 2/10/23, 23/10/23, 13/11/23, 4/12/23, 25/12/23, 15/1/24, 5/2/24, 26/2/24, 18/3/24

Pizza Mac & Cheese (V) or Lentil & Mushroom Keema Curry with Rice (Ve) | Mild Sweet Potato & Chickpea Curry with Rice (Ve) Choice of Filled Jackets or Tomato Pasta Rainbow Veg

Scoop of Vanilla Ice Cream (V)

Chicken Tandoori with Golden Rice (Wg) or Margherita Pizza with Jacket Wedges (V)

Choice of Filled Jackets or Tomato Pasta Sweetcorn, Green Beans

Peach & Pineapple Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy or Veggie Sausage Toad in the Hole with Roasties & Gravy (V)

Choice of Filled Jackets or Tomato Pasta Cabbage, Sliced Carrot Strawberry Jelly & Pineapple (Ve)

Chicken, Broccoli & Sweetcorn Pasta Bake (Wg) or Penne with Beany Bolognese (Ve)(Wg) Choice of Filled Jackets or Tomato Pasta Swede, Shredded Carrots Chocolate Mousse with Mandarins (V)

Fish Fingers or Salmon Fish Fingers with Chips or Garden Vegetable Goujons with Chips (Ve) Choice of Filled Jackets or Tomato Pasta Baked Beans, Garden Peas Iced Shortbread (Ve)

18/9/23, 9/10/23, 30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24, 12/2/24, 4/3/24, 25/3/24



