



Welcome to all our members. We hope that you are safe and well. Despite the situation, there are lots of activities available with lots of opportunities to spend time together, to support distance learning and also to collect Children's University Stamp Codes. Where you can get out please make sure that you follow correct guidance over social distancing. We recognise as well that there are many, many new activities that are being created that we are not aware of. If you are doing any of these at home and you would like to get credit for them or help us to share them with others please let us know (Email cu@uwe.ac.uk) and we will add them to the E-Platform. This will create a Children's University Stamp Code for you.

Graduation

Sadly we have had to cancel the Graduation Ceremony in July this year. In the meantime, please do still keep collecting Stamp Codes and adding them to your account so that you can still gain lots of awards and certificates. Remember that your hours will roll over each year. If you would like a graduation certificate sent to you please make sure that we have your email address otherwise it will get sent to school once they reopen.

We have found a range of activities that can be done at home and you can be credited for using Stamp Codes, please let us know if you are doing any other activities that you would like the Stamp Codes for too.

Aerospace Museum: Online Learning Resources

- Although the Aerospace museum is closed, they have several great online resources to make use of!
- <https://aerospacebristol.org/at-home-with-aerospace-bristol>

BBC School Radio

- BBC School Radio have brilliant pre-planned dance lessons that the children will be able to follow within their home.
- <https://www.bbc.co.uk/programmes/articles/2xgXhhwf2jBWsdF3vDkx36/primary-dance>

Bristol Libraries

- Bristol Libraries will be putting information updates on their Facebook (Bristol Libraries), Twitter (@bristollibrary) and Instagram (bristollibraries)
- They also have digital resources on the Bristol City Council website <https://www.bristol.gov.uk/libraries-archives/library-online-resources>

Cosmic Kids Yoga

- Cosmic Kids Yoga have many videos on YouTube to introduce Yoga to kids.
- Youtube: <https://www.youtube.com/user/CosmicKidsYoga>
- They also have a website with more information on <https://www.cosmickids.com/>

DigiLocal Online

- With the closure of many physical clubs, DigiLocal is proud to offer an online club environment! We will be hosting regular sessions for young people learning Scratch or python supported by our DBS cleared volunteers. We have loads of project guides for young people to follow, and a very friendly environment to join.
- To maintain our safeguarding standards, please email in the first instance from a registered UK School email address (usually ending sch.uk or similar) to john.bradford@digilocal.org.uk with the responsible adult email included in the email body so we can reply to that adult's account.
- We will then send you short instructions on how to access DigiLocal for free.
- DBS Cleared Volunteers
- More Information: <https://digilocal.org.uk/>

Find a Story You Love

- Read or listen to a new story you have never heard before, maybe listen in to David Walliams at 11am each day through you tube or read book you have never read before or reread a favourite book.

GetSet4PE

- Get Set 4 PE, will be running daily activities through Twitter. These are free and you do not need to be a member.
- <https://twitter.com/GetSet4PE>

Jar of Joy

- Why not start your own jar of joy and reflect on the positive parts of your day. The aim is that you write something down that you are proud of or grateful for and add it to the jar every day or once a week. It can be absolutely anything, nothing is too small or too big!
- You will need:
 - An empty jar or tin
 - Some small pieces of paper and a pen
- Step 1: Decorate your jar or tin- we recommended lots of colour, and stickers if you have them.
- Step 2: Write your daily/weekly joy on a piece of paper and encourage your family to do the same. You could share what you wrote, or keep it a secret.

Pick a time when everyone who has been adding to the jar/tin can sit down and read through everyone's joyous/proud or happy moments to make you smile! Send us a photo of your jar/tin to cu@uwe.ac.uk for the Stamp Code.

Joe Wicks Children's PE sessions

- Joe Wicks has also created many workout videos that are specifically for children and can be found on YouTube and every day at 9am he is doing a 30 minute PE session so why not join in and earn a Children's University Stamp Code for it?
- <https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEjdSTI>

Just Dance Kids

- Just Dance Kids, which you can also find on YouTube offers fun videos to dance along to: <https://www.gonoodle.com/for-families/>
- On the Gonoodle website, they have many activities, which involve movement, mindfulness and exercise, and many of these are free.

Make a rainbow

- Make and Display a rainbow in your window or in your house somewhere, you could make this using felt tips, pencil crayons, wax crayons, junk modelling, playdough, lego or anything else you can think of to make a rainbow, we would absolutely love to see photos of your Rainbows, please send them to cu@uwe.ac.uk and we will of course give you a Stamp Code for it.

Paw Print Badges

- Pawprint Badges can be completed by any young person. In order to complete your challenge, head to the Pawprint Badges website (www.pawprintbadges.co.uk) and download your chosen challenge pack. Select and complete the relevant number of activities for your age group, as shown on the cover of the download. Once complete head back to the website to purchase your collectible badge. Note: Badges should be purchased by adults who are satisfied that their young person has completed a suitable number of activities and has been challenged along the way.

Slimbridge Wetland Centre: - Online Resources

- Although all WWT centres have been closed, they have some great online resources to explore and use. These are available at: <https://learningzone.wwt.org.uk/resources/>

South Gloucestershire Council – Things for under 5s

- South Gloucestershire Council have produced this pdf of activities to do during the current closures, including 50 things to do before you're 5!.
- <https://tinyurl.com/uf6coof>

Thaddeus Wiseman Music Lessons

- Thaddeus Wiseman music sessions will be running online, for Drums, Guitar, Bass, Ukulele, and Keys
- Price: Starting from £15
- Ages: All ages

- More Information: contact on Facebook - Thaddeus Wiseman Music

Thursday NHS Clap

- Every Thursday at 8pm lets all join together to clap the NHS and all our key workers, you can do this in your bed, in your lounge, on your doorsteps, open your windows. Lets say a huge thank you to them for all the amazing work they are doing for us. You could make a banner to put up in your window to say a huge thank you to them. They are true Heroes. The Stamp code for doing this is RED 4804.

Your Regular Clubs ... at Home

- Have you been doing any of your regular clubs at home through the virtual world?? Ballet classes in your own home, Rainbows, Brownies, Beavers, Cubs, Scouts, music practise, Yoga, Karate etc?? please remember that you can still use your usual Stamp Codes for this and still be credited for your learning at home. If you have started doing a new activity please let us know and we can give you a Stamp Code for this, learning can be done in lots of different places, the great indoors, maybe you have started gardening, please do let us know because we would love to hear about it.

It is fabulous for us to see what activities the children have been busy doing – we hope everyone has been having lots of fun learning. Remember to email your photos in to us at cu@uwe.ac.uk for the Stamp Codes.

Please can everyone check that your child's E-platform has a contact email address so that we can email you directly once your child has earned a certificate now that the schools are closed.

Our new digital platform has been designed to be especially child friendly so that children can log into their accounts and add their own Stamp Codes regularly.

We hope that you all staying safe at this uncertain time and enjoy your new ways of learning at this time. We are only an email away if you need us, cu@uwe.ac.uk.