

PE Yearly Overview 2022-23

Year	Term One	Term Two	Term Three	Term Four	Term Five	Term Six
R	<p><b>Games:</b> Basic Skills</p> <p><b>Dance:</b> Write Dance</p>	<p><b>Games:</b> Val Sabin Unit 1</p> <p><b>Dance:</b> Unit 1</p>	<p><b>Games:</b> Val Sabin Unit 2 – Using a ball</p> <p><b>Gym:</b> Unit A – Travelling</p> <p><b>Water safety</b></p>	<p><b>Games:</b> Val Sabin Unit 3 – Using hoops and quoits</p> <p><b>Gym:</b> Unit A - Travelling</p>	<p><b>Athletics:</b> Unit 4 - Using ropes, balls and bats</p> <p><b>Fundamental Skills (FUNS)</b></p>	<p><b>Athletics – sports day</b></p> <p><b>Forest school skills</b></p>
Y1	<p><b>Games:</b> Val Sabin Ball skills; KS1 page 102</p> <p><b>Dance:</b> Unit 1 – Streamers; Conkers; Playing with a ball</p>	<p><b>Games:</b> Val Sabin Unit 2 – Aiming: throwing and catching</p> <p><b>Dance:</b> Unit 2 – March, March, March; Jack and the Beanstalk</p> <p><b>Water safety RNLI</b></p>	<p><b>Games:</b> Val Sabin Unit 4 – Developing partner work</p> <p><b>Gym:</b> Unit E – Points and patched</p>	<p><b>Games:</b> Val Sabin Unit 3 – Bat and ball skills and games; skipping</p> <p><b>Gym:</b> Unit F – Rocking and rolling</p>	<p><b>Athletics:</b> Unit 1 page 50</p> <p><b>Fundamental Skills (FUNS)</b></p>	<p><b>Athletics</b></p> <p><b>Outdoor Adventurous Activities (OAA)</b></p>
Y2	<p><b>Games:</b> Val Sabin Throwing and catching; KS1 bk page 143</p> <p><b>Dance:</b> Unit 1 – Cat; Balloons; Reach for the Stars</p>	<p><b>Games:</b> Val Sabin Unit 3 – Dribbling, kicking &amp; hitting skills</p> <p><b>Dance:</b> Unit 4 – English Folk Dances</p>	<p><b>Games:</b> Val Sabin Unit 2 – Making up games</p> <p><b>Gym:</b> Unit 1 – Pathways</p> <p><b>Water safety</b></p>	<p><b>Games:</b> Val Sabin Unit 4 – Group games; invent rules</p> <p><b>Gym:</b> Unit 1 – Turning, spinning and twisting</p>	<p><b>Athletics:</b> Unit 1 page 50</p> <p><b>Fundamental Skills (FUNS)</b></p>	<p><b>Athletics</b></p> <p><b>Outdoor Adventurous Activities (OAA)</b></p>
Y3	<p><b>Games:</b> Val Sabin Net/court/wall games; KS2 page 93</p> <p><b>Dance</b></p>	<p><b>Games:</b> Val Sabin Unit 1 – Ball skills (invasion)</p> <p><b>Dance</b></p>	<p><b>Games:</b> Val Sabin Unit 2 – Creative games making</p> <p><b>Gym:</b> Unit L – Stretching, curling and arching</p> <p><b>Swimming lessons block and water safety</b></p>	<p><b>Games:</b> Val Sabin Unit 3 – Striking and fielding games</p> <p><b>Gym:</b> Unit O – Travelling with a change of font or direction</p>	<p><b>Athletics:</b> Unit 1 page 56</p> <p><b>Fundamental Skills (FUNS)</b></p>	<p><b>Athletics</b></p> <p><b>Outdoor Adventurous Activities (OAA)</b></p>
Y4	<p><b>Games:</b> Val Sabin Net/court/wall games; KS2 page 113</p> <p><b>Dance:</b> Unit 1 – These Shoes are made for dancing; Giraffes Can't Dance; Incognito</p>	<p><b>Games:</b> Val Sabin Unit 3 - Invasion</p> <p><b>Dance:</b> Unit 3 – Snooker Championships; Record and Remember</p>	<p><b>Games:</b> Val Sabin Unit 2 Problem-solving and inventing games</p> <p><b>Gym:</b> Unit P – Balance</p> <p><b>Water safety</b></p>	<p><b>Games:</b> Val Sabin Unit 4 – Striking and fielding games</p> <p><b>Gym:</b> Unit S - Rolling</p>	<p><b>Athletics:</b> Unit 1 page 56</p> <p><b>Fundamental Skills (FUNS)</b></p>	<p><b>Athletics</b></p> <p><b>Outdoor Adventurous Activities (OAA)</b></p>
Y5	<p><b>Games:</b> Val Sabin Net/wall/court games; KS2 book page 159</p> <p><b>Dance:</b> Unit 4 Volcanoes</p>	<p><b>Games:</b> Val Sabin Unit 2 – Invasion and target – ball handling game</p> <p><b>Dance:</b> Unit 1 - Rubbish</p>	<p><b>Gym:</b> Unit V – Flight</p> <p><b>Water safety</b></p> <p><b>Outdoor Adventurous Activities</b></p>	<p><b>Games:</b> Val Sabin Unit 4 – Striking and fielding games</p> <p><b>Gym:</b> Unit V – Functions of limbs</p>	<p><b>Athletics:</b> Unit 1 page 56</p> <p><b>Fundamental Skills (FUNS)</b></p>	<p><b>Athletics</b></p> <p><b>Games:</b> Val Sabin Unit 3 – Invasion games – implementing and kicking</p> <p><b>Swimming – mop up</b></p>

			(OAA) at Kilve Court Residential			
Y6	<p><b>Games:</b> Val Sabin Net games (volleyball) unit; KS2 book page 215</p> <p><b>Dance:</b> Unit 3 – The Rainforest</p>	<p><b>Games:</b> Val Sabin Unit 1 – Invasion game (hockey)</p> <p><b>Dance:</b> Unit 4 - Flight</p>	<p><b>Games:</b> Val Sabin Unit 4 – Invasion ball handling (netball)</p> <p><b>Gym:</b> Unit Y – Synchronisation and canon</p> <p><b>Water safety</b></p>	<p><b>Games:</b> Val Sabin Unit 3 – Striking and fielding games</p> <p><b>Gym:</b> Unit A+ - Counter balance and counter tension</p>	<p><b>Athletics:</b> Unit 1 page 56</p> <p><b>Fundamental Skills (FUNS)</b></p> <p><b>Outdoor Adventurous Activities (OAA) at Morfa Bay Residential</b></p>	<p><b>Athletics</b></p> <p><b>Swimming – mop up</b></p>