

# DID YOU KNOW?

We use Red Tractor or Farm Assured Meat in our schools. We use MSC Certified fish to encourage sustainable fishing practices.

Our seasonal fresh vegetables are sourced from local farms wherever possible and we use Fairtrade products.



## FREE SCHOOL MEALS



All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by £458 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



## SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

[www.edwardsandward.co.uk](http://www.edwardsandward.co.uk)

for a full list of FAQs and to complete our online form.



# MENU

SPRING/SUMMER

2024

# Yellow



edwards and ward  
a recipe for success

## WEEK ONE

## WEEK TWO

## WEEK THREE

MONDAY

Margherita Pizza with Jacket Wedges (V)(Wg)  
 or Penne with Vegeballs & Tomato Sauce (Ve)(Wg)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 St Clement's Shortbread (Ve)

TUESDAY

Penne with Beef Bolognese (Wg)  
 or Veggie Cottage Pie (Ve)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Apple Crumble (Ve)(Wg) with Custard (V)

WEDNESDAY

Roast of the Day with Roasties, Stuffing & Gravy  
 or Veggie & Stuffing Roll with Roasties  
 & Gravy (Ve)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Chocolate Mousse & Pears (V)

THURSDAY

Mild & Sweet Chicken Curry with Rice (Wg)  
 or Mac & Cheese (V)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Banana Bread (V)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips  
 or Quorn Hotdog with Chips (V)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Vanilla Ice Cream & Peaches (V)

15/4/24, 6/5/24, 27/5/24, 17/6/24, 8/7/24, 29/7/24

Margherita Pizza with Jacket Wedges (V)(Wg)  
 or Beany Chilli with Rice (Ve)(Wg)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Lime Shortbread (Ve)

Cottage Pie  
 or Veggie Chow Mein (Ve)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Chocolate & Pear Sponge with  
 Chocolate Custard (V)

Roast of the Day with Roasties, Yorkshire & Gravy  
 or Roasted Butternut Squash with Roasties,  
 Yorkshire & Gravy (V)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Jelly (Ve)

Breakfast for Lunch with Diced Potatoes  
 or Veggie Breakfast for Lunch with Diced  
 Potatoes (V)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Flapjack (Ve)(Wg)

Fish Fingers or Salmon Fish Fingers with Chips  
 or Garden Vegetable Goujons with Chips (Ve)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Vanilla Ice Cream & Banana (V)

22/4/24, 13/5/24, 3/6/24, 24/6/24, 15/7/24

Margherita Pizza with Jacket Wedges (V)(Wg)  
 or Penne with Veggie Bolognese (Ve)(Wg)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Vanilla Iced Shortbread (Ve)

Pork or Chicken Sausages with Mash & Gravy  
 or Veggie Sausage with Mash & Gravy (Ve)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Toffee Apple Sponge with Apple Custard (V)

Roast of the Day with Roasties, Stuffing & Gravy  
 or Quorn Fillet with Roasties, Stuffing  
 & Gravy (Ve)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Chocolate Mousse & Mandarins (V)

Chicken with Golden Veggie Rice (Wg)  
 or Mac & Cheese (V)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Jammy Dodger Flapjack (Ve)(Wg)

Fish Fingers or Salmon Fish Fingers with Chips  
 or Quorn Dippers with Chips (Ve)  
 Tomato Pasta or a Choice of Filled Jackets  
**Veg of the Day**  
 Vanilla Ice Cream & Fruit Cocktail (V)

29/4/24, 20/5/24, 10/6/24, 1/7/24, 22/7/24

V - Vegetarian Ve - Vegan Wg - Wholegrain



Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily